



**SAINT PETER CATHOLIC CHURCH**

**800 East Grace Street**

**P. O. Box 933**

**Richmond, Virginia 23218-0933**

**Office: 804-643-4315**

**www.stpeterchurch1834.org**

**Emergency – If someone is dying or there has been a death, please call: 804-402-1221**

**Mass Schedule**

**Sunday: 8:30 & 10:45 am Weekday: 12:05 pm**

**Holy Day: Call the Parish Office or See Notices**

**Confession: Mon. thru Fri. 11:45 am**

**Third Sunday of Lent**

**February 28, 2016**

**Mass Intention: Parishioners of St. Peter, St. Patrick and St. John**

<b>ENTRANCE</b>	#595
There's a Wideness in God's Mercy	
<b>PSALM</b>	#795
The Lord is kind and merciful.	
<b>OFFERTORY</b>	#605
O Jesus, Joy of Loving Hearts	
<b>COMMUNION</b>	#594
Christian, Do You Hear the Lord	
<b>RECESSIONAL</b>	#417
Lord, Who Throughout These Forty Days	

**SCHEDULE & MASS INTENTIONS**

Mon.: Mass Intention: Doris & Fred Royall

Tues.: Mass Intention: Harvey Farmer

Tues.: Social Ministry: 10:30 am – 12:30 pm

Wed.: Mass Intention: Sonya Trent

Thurs: Mass Intention: Ed McDowell

Fri.: Mass Intention: Tito Sciscent

**HOMEBOUND/HOSPITALIZED**

Manuel Alvarez, Anthony Arrighi, Rollo Brown, Steve Campbell, Stuart Cary, David Coffman, Martha Dewing (mother of Doug Dewing), Bill Holzgreffe, Shirley Hudson, Camilla Hull (mother of Doyle Hull), Connie Klyver, (friend of Ginnie & Marilyn), Maria Konwerska, Emma Mednikov, Jim Melton, Jesse Oliver, Rachel Robinson, Marilyn Reilly, Nancy Severns, Beulah Taylor, Greg Stowers, Bob Webster. Thank you for your prayers.

**LECTOR & EXTRAORDINARY MINISTERS**

**8:30 am:** Adriane Henderson Extraordinary Ministers: Tom Fahed, Barbara Goode, Adriane Allen-Henderson

**FINANCE:** Bill & Cathy Lipchak and Gabi Wolz

**10:45 am:** Marie Martinelli Extraordinary Ministers: Marie Martinelli, Colin Schmidt, Mimi Schoof

**FINANCE:** John Rogers, Patty Talley

**NEXT SUNDAY**

**8:30 am:** Justin Haynes Extraordinary Ministers: Bill Lipchak, Cathy Lipchak, Carol Piett

**FINANCE:** Ann & Bill Carpenter and Tom Fahed

**10:45 am:** Ginnie Morrow Extraordinary Ministers: Nancy Gowen, Kim Taylor, Jim Martinelli

**FINANCE:** Kathy Kelly, Nancy Gowen

**FROM OUR PASTOR – So it's Lent.**

And lent is a time to give up stuff or to add stuff to our lives. Give up bad stuff...or at least stuff that's not too good for us, and take on that stuff that is better for us.

Why do we do this? Does God like to see us uncomfortable? NO, NO, NO, NO, NO, NOOOOOOOOOO.

That is not why we give up stuff or take on stuff. The reason we give up stuff and take on stuff is because we want to be better people...or said better, we want to be the best of ourselves.

I will give you an example from my life that is comparable to the way it works in the spiritual life.

I am a runner. I run from St. Patrick to the Cathedral and back a couple times per week. It's hard. The hills are awful. And the wind, all winter long has been blowing directly in my face all the way up that big hill on Broad Street heading into the city.

But the best part of running is not all that pain (surprise), it is the effects that come after the run. When you run, scientifically, it releases endorphins into your mind that make you feel happier. That is a nice effect. But additionally, if you run consistently, there is a trajectory of improvement. When I started running, I could no run 3 miles at the pace that I can now run five.

And you get to carry that additional “being-in-shapedness” into other parts of your life. For example, when I have to go to MCV and walk through all those hall ways and flights of stairs, it’s not too hard and I don’t get too tired...even after a really long day. And then on my day off, when I go to my parents’ house and want to do some little project around the house (like painting a room or fixing up an old bathroom), I have the energy and ability to do it...it’s not too difficult physically because I am in shape to do it. There was a time in my life when I lived on chicken tenders and French fries and I could not have done such things during that time as I was out of shape, physically (but chicken tenders and fries are really good).

Why do I bring all this up? Because this is the purpose of the season of Lent. We are called during Lent to get in shape, spiritually. We are not called to give up stuff and take on stuff because God thinks we are having too much fun and happiness and He has to stop that. No. God says, “I want you to have even more happiness than you have currently, so let’s get in spiritual shape.” He wants us to feel those ‘endorphins’ that come from prayer...which is a peaceful and calm heart. He wants us to have the health of a fit soul so that we can be in control of our bodies to allow us the ability to do what we want when we want (sin takes that away).

The three staples of Lent, prayer, fasting and almsgiving, are like three exercises (benching, squat thrusts, and jump rope) that get your spirit in shape. Everyone feels better when they are in shape.

When my dad and I start to get competitive about exercise, he likes to say, “Yeah, I used to be able to do that when I was in my 30’s.” Agreed. Age may effect physical condition, but when it comes to the spirit, whether you are in shape or out of shape has nothing to do with age. In fact, it’s probably harder to be ‘in-shape’ spiritually when you are young than when you get a little older.

O’ the blessedness of age.

Fr. Rossi

**Sacramental Preparation:** Baptism, 1<sup>st</sup> Communion, 1<sup>st</sup> Reconciliation, Confirmation, Marriage, Sacrament of the Sick or to **Register in the parish** – Please call the Parish Office.

**Tuesday Evening Faith Formation Lenten Series –** Join Fr. Danny for video and discussion about Vatican II and the Year of Mercy, Tuesdays at 6 pm at St. Peter. This week’s topics will be the council’s teachings about Ecumenism, the Church in the Modern World, and Missionary Activity. Please bring a snack/refreshment to share!

**Liturgical Minister Training –** Watch the bulletin for the new date for the Liturgical Minister Training. The training will be scheduled a week or two after Easter.

**Outreach & Social Ministry - 145 lunches** were served to the homeless on Tuesday, Feb. 23, 2016. Many thanks to all who helped.

**St. John Lenten Dinners –** Our sister parish, St. John the Evangelist Catholic Church in Highland Springs, invites you to enjoy a delicious Lenten Dinner every Friday during Lent from 5 pm – 7 pm. The menu includes fried fish, baked fish, a special dinner, or a non-meat pasta. Beverages and homemade dessert are included for only \$8. We hope you can join the fun.

<b>Budgeted Weekly Income</b>	<b>\$3,461.00</b>
<b>Collection</b>	<b><u>3,288.00</u></b>
<b>Loss</b>	<b>\$ 233.00</b>

Budgeted income was determined during spring budgeting process by Fr. Brownell and Finance Council

**Pastor, Rev. Gino Rossi:** [ginopaulrossi@hotmail.com](mailto:ginopaulrossi@hotmail.com)  
**Rev. Danny Cogut:** [dcogut@richmonddiocese.org](mailto:dcogut@richmonddiocese.org)  
**Rev. Frank Wiggins:** [Padreop@verizon.net](mailto:Padreop@verizon.net)  
**Office:** [stpeterchurch2@aol.com](mailto:stpeterchurch2@aol.com)